



Positive Behaviour Support (PBS)

Commencing Positive Behaviour Support with Stepping Stones:

At Stepping Stones in Life Therapy Services, we deliver Positive Behaviour Support (PBS) with a strong commitment to person-centred and trauma-informed care. Our process begins with thorough observations and insightful interviews, allowing us to understand your unique behaviours and experiences. This forms the foundation for our tailored strategies. We believe in the power of education and collaborate closely with carers, providing them with the tools to create a supportive environment. The assessment phase provides us with a comprehensive understanding of you and your surroundings, facilitating the creation of effective interventions within a Positive Behaviour Support Plan.

What is PBS?

PBS is all about finding effective solutions for behaviours of concern to improve your quality of life. By closely observing and understanding individual needs, we develop strategies that foster positive change and create a nurturing environment. Through careful assessment and collaboration, we pave the way for personal growth and a happier, more fulfilling life.

What services should you expect?

- Collaborative partnerships for personalised Interim and/or Comprehensive Behaviour Support Plans.
- Initial assessments to understand your support needs and triggers. These are done in clinic, at home, and other key environments
- Tailored strategies for positive behaviour change (supplied after the initial assessment stage).
- Family involvement and caregiver education.
- Skill development for managing challenges.
- Respectful, confidential, and culturally sensitive services.
- Clear communication and transparent process.
- An evidence and outcome report to support your NDIS funding review.



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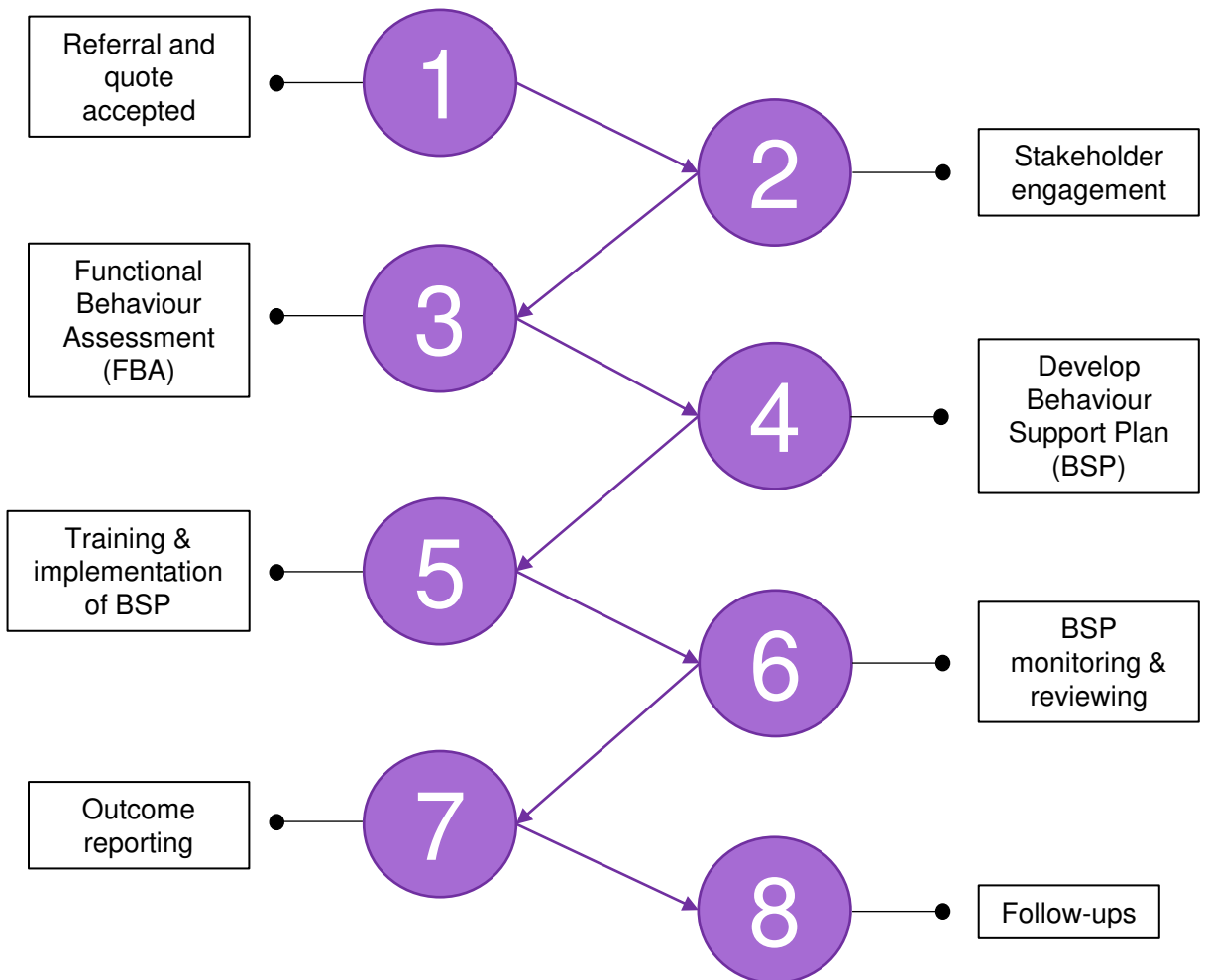
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